



Florida's OverNight Adventure Summer Camp

*Celebrating 25 Years
of Summer Camp Adventure*

2023 Camper Handbook



Welcome to Camp Frontier!

Since 1999, Camp Frontier has been the summer home for thousands of campers and staff from 51 countries, many US States and Territories many faiths. Our goal has always been to provide each and every camper with an outstanding summer camp experience complete with kind and professional staff, exciting activities and a wholesome “family” camp environment.

Our philosophy of “Camp is for the Camper” is the cornerstone of our program. We are deeply rooted in the traditions of American summer camps yet we constantly update our programs and activities to meet the ever-changing needs and interests of today’s campers. Personal growth, life-long friendships and great memories are the result.

We welcome all campers, new & returning, as well as their parents & guardians into the Camp Frontier family. At Camp Frontier, we celebrate the uniqueness of every individual as they contribute their own personality, abilities, and interests to the camp community. Learning to live, work and play side-by-side with respect, dignity, and compassion for others, is an everyday part of this beneficial life skill. We are honored that you have chosen Camp Frontier. **WELCOME HOME!**

~ Brian and Dianne Collar, Founders, Camp Director & Administrator

Table of Contents

Welcome to Camp Frontier!.....	1
Our Mission.....	2
Registration & Forms.....	2
Payments & Scholarship Information.....	3
Cabin Assignments.....	3
Camper Check-In.....	4
AirPort Pick-up & Dropoff.....	4
Camper Check-Out.....	4
Packing List.....	5
Typical Daily Schedule.....	6
Choosing Activities.....	6
Keeping In Touch.....	7
Connecting on Social Media.....	8
Health & Wellness.....	8
Homesickness.....	9
Code of Conduct.....	10
Spiritual Life.....	10
FAQs.....	10



This handbook is intended to provide basic information to families on our program. We hope this handbook will help you prepare for your camp session(s). Additional information is available at **CampFrontier.com**

Questions can also be directed to the office by calling
(888) 977-CAMP (2267)
or emailing the

Camp Director, Brian Collar
campdirector@campfrontier.com

Administrator, Dianne Collar
administrator@campfrontier.com

Program Director, Damon Chepren
programdirector@campfrontier.com

Our Mission

is to provide an outstanding overnight camp experience

Camp Frontier, provides a safe, encouraging environment where Campers, ages 7 to 17, are presented with many opportunities for growth through activities and programs unique to the OverNight Summer Camp experience. Along the way, Camper and Staff are challenged to:

- Develop strong interpersonal and social skills
- Create amazing memorable moments
- Celebrate their individuality
- Become a contributing member of a positive camp family

Camp Frontier does not discriminate on the registration of Campers on the basis of race, color, sex, religion, national or ethnic origin, age, or disability. Parents or guardians of campers with special needs; medical, mental, physical or emotional, should contact the camp office at **(888) 977-CAMP (2267)** before registering to determine if Camp Frontier is able to meet the needs of their camper.



Registration & Required Forms

Online Registration is available at
CampFrontier.com

The following two forms are **REQUIRED** to be up to date and on file for each camper **long before** arriving at camp:

Four-Part Medical History Forms

Please go to CampFrontier.com → Parent Links
→ Log In To Your Family Account → select Forms
→ Complete each of the **4 part Medical Forms**

Enrollment Agreement & Medical Treatment Authorization Form

Please go to CampFrontier.com → Parent Links
→ select “Enrollment Agreement & Medical Treatment Authorization Form”
Please complete this form with your electronic signature.

If you have any questions or concerns regarding registration or you need specific forms please contact:
Administrator@CampFrontier.com or call 888-977-CAMP (2267) ext. 0

Payment Information

Payments:

Payment options are found online at CampFrontier.com/summer-camp-tuition-payments. All camp tuition and fees must be paid at least two weeks prior to a camper's session. A complete list of session dates and fees is also available online.

Payment Plans:

Payment plans are available for every session upon request.

Contact the office at 888-977-2267 (CAMP) or campdirector@campfrontier.com for more information.

Become a Camp Scholarship Sponsor:

At Camp Frontier we believe that every child can benefit from the life-changing experiences of OverNight Summer Camp. To that end, we have partnered with the *American Camp Association* (ACA), to raise scholarship funds for families unable to afford the full Summer Camp Tuition.

Check out our website at campfrontier.com/scholarship-sponsor for more information to become a sponsor.

Donations to the scholarship program are tax deductible.

Cancellation Policy

All registrations are final and cannot be cancelled unless Camp Frontier mutually agrees due to extreme circumstances. Cancellation is at the discretion of Camp Frontier alone. If the registration is not cancelled by Camp Frontier, the full tuition is due even if the registered child does not attend or leaves camp ahead of schedule for any reason.

Refund Policy

Any and all deposits, fees and/or tuition paid is non-refundable should the camper not attend, or arrive as scheduled and/or depart camp before the end of the registration, be expelled due to dishonest, disrespectful, inappropriate and/or violent behavior, or found to be in possession of illegal or prohibited items. In the event of any of the above, no refund or credit will be given. Only in the event that a Camper goes home with an Infirmary-confirmed sickness will the pro-rated tuition dollars will be held on credit for the following summer for use by a member of the immediate family. If the child is not eligible to return, these funds are transferred to the Scholarship Fund to be used by Scholarship recipients.



Cabin Assignments

Camp Frontier is focused on providing a safe and comfortable environment for all our campers.

Campers are assigned to one the following cabins determined by age and birth gender;

Trailblazers (ages 7-10), Explorers (ages 10-12), Pioneers (ages 13-14), Adventurers (ages 15-17)

In Boys Camp, there is also the Voyager Boys (ages 12-13) Cabin.

We are happy to work with you and your camper to determine the best cabin assignment prior to arrival at camp. If you have any questions or concerns about the cabin assignment process, please contact

campdirector@campfrontier.com or call 888-977-CAMP (2267) ext 0

Camper Check-In & Check-Out Times

"A great experience starts with a great first day!"

To best welcome each and every Camper, all of our Check-In days are held on **Sundays** at set times throughout the afternoon. The Camp Director, Administrator, Health Care Provider, Life Directors and Counselors will be available to answer any questions and help your family with the check-in process. We cannot admit Campers early. Check-Out days are held on Saturdays at various times. Please try to arrive at Camp Frontier as close to the assigned times as possible. Families will receive an email confirming their assigned times the week of their child's first session.

2023 Sunday Check-In Times

Please note your child's arrival time. Families with more than one child, should arrive at the time of the oldest Camper. Look for the *Welcome Flag* as the check-in building may change each Sunday.

Sunday, June 11 – Session 1A and

Sunday, June 25 – Session 2A and

12:00 pm	Campers in the C.I.T. Program
1:00 pm	Returning Campers, ages 13 to 17
1:45 pm	Returning Campers, ages 7 to 12
2:30 pm	First-Time Campers, ages 13 to 17
3:30 pm	First-Time Campers, Ages 7 to 12

Sunday, June 18 – Session 1B and

Sunday, July 2 – Session 2B and

Sunday, July 9 – Session 2C

2:00 pm	All Campers, ages 13 to 17
3:00 pm	All Campers, ages 7 to 12

During the Check-In process your camper will:

- Receive their name medallion
- Receive their cabin assignment
- Receive a Camp Shirt & Water Bottle
- Discover their ColorWarz Team
- Check in any personal activity equipment (*Paintball Markers, Bows & Arrows, Air Rifles, etc.*)
- Check-in cell phones & all other electronics. These will be held for use during TechTime
- Complete a Health Check & check-in of all medications (*over the counter, prescription*)
- Please inform our Health Care Professionals if your camper has any dietary requirements or concerns.

2022 Saturday Check-Out Times

Look for the *Welcome Flag* as the check-out building may change each Saturday.

Saturday, June 17 – end of Session 1A

Saturday, July 1 – end of Session 2A

3:00 pm Check-Out for Campers of all ages

Saturday, June 24 – end of Session 1AB & Session 1B

Saturday, July 8 – end of Session 2AB & Session 2B

Saturday, July 15 – end of Session 2ABC & Session 2BC & Session 2C

11:00 am Check Out Campers of all ages

Counselors Appreciation: While tipping is a tradition, it is not required. Most of our Counselors are college students and their employment at camp is financially important to them. Your appreciation of the care they have shown your Camper is very much appreciated.



Airport Transportation

Parents with Campers flying to or from Camp Frontier must coordinate their flight information with the camp office **before** purchasing a flight.

Transportation to and/or from the **Orlando International Airport** only is available at a cost of \$85 per child, per service.

Summer Camp Packing List

Required Items

- Bedding for twin mattress bunk bed: Fitted sheet, top sheet, mattress pad, blanket, pillow, and pillowcase
- Play clothes for 8 or 9 days. Birth-gender appropriate clothing only. No graphics or text which are inappropriate, disrespectful, or violent.
- At least one Swimsuit
 - Girls - A modest one-piece bathing suit
 - Boys - Swim Trunks or Board Shorts
- 2 sets of comfortable tennis shoes or sneakers
- Crocks (recommended), Flip-flops or water shoes
- Poncho or Raincoat
- Bug Repellent (*non-aerosol only*)
- Sunblock or sunscreen - SPF 30 or higher (*non-aerosol only*)
- Flashlight or head-lamp with extra batteries
- Soap, shampoo, personal toiletry items
- Small organizer / tote bag for toiletry items
- Strong net draw-string laundry bag (No laundry hampers or canvas)
- Long Pants and close toed shoes (for horse riding)

Suggested Items for Specific Session Weeks

Sessions 1A, 1AB, 1B, 2A, 2AB, 2B, 2ABC

- "ColorWarz" Team Colors. Show your team spirit with Red, Blue, Green or Gold play clothes, hats, bandanas, make-up and more. **The week prior to arrival new campers will learn of their ColorWarz team assignment.** Returning campers are on the same team as previous years.

Sessions 1A, 1AB, 2A, 2AB, 2ABC

- "The Hillbilly Hootinany" – Bring fun clothes for our hillbilly square-dancing hoedown. Overalls, plaid shirt, short jeans, tank top, bandana, straw hat – **be creative!**

Sessions 1A, 1AB, 2A, 2AB, 2ABC

- "The Talent Show" – Share your gifts with all of camp with costumes, instruments, magic tricks, and more!

Sessions 1AB, 1B, 2ABC, 2BC, 2C

- "The Big Party & Dance" – A nicer set of clothes for this all-camp celebration.

SPECIAL NOTE:

Please Be Sure to Label Everything with Your Camper's Name

Please DO NOT Bring!

- Towels (these are provided)
- Electronics such as computers, music devices, electronic games or game systems, etc.
- Pocket knives or other weapons
- Water bottles from past summers (new ones will be provided)
- Water balloons, shaving cream for pranking, silly-string, fireworks, and other such items
- Alcohol, illegal or illicit drugs and substances, drug paraphernalia, e-cigs, vapes or the like. These items will be confiscated, turned over to the local authorities and the Camper expelled.
- Jewelry which could be used as weapons (ie spiked collars)
- Animals/Pets - Except for trained service animals

Optional Items

- Spending money for Field Trips (see page 6)
- Musical Instruments for activities & performances
- Pen, postcard, stamps, paper, addressed envelopes
- Hat or cap
- Sunglasses
- Favorite stuffed animal
- Sleeping Bag
- Swim mask, snorkel, goggles
- Books, magazines, bible, puzzle, or activity books
- Small backpack or small day bag
- Digital or disposable camera
- Wristwatch
- Any items to be used in the talent show
- Personal equipment: sports, paintball, performances
- Cell phone with charger (collected upon arrival and made available for TechTime)
- A bicycle or scooter with helmet to ride on camp

Donated Items

Games, board games, bikes, instruments, laptops, cameras, Legos and various indoor and outdoor toys are appreciated.

Typical Daily Schedule

The following schedule encompasses a typical Camp Frontier day. The schedule will vary depending on the day of the week and especially the weather conditions.

Morning	<u>WAKE-UP</u>	4:00 PM	<u>4TH PERIOD ACTIVITY</u>
8:00 AM	<u>BREAKFAST</u>		<i>The choices change daily, and Campers will get to choose during lunch</i>
	<i>Rise and Shine, time to enjoy a relaxing, nutritious breakfast in your cabin or in the dining hall.</i>		
8:30 AM	<u>MORNING FLAG</u>	5:30 PM	<u>CABIN TIME</u>
	<i>We start our day paying respect to the American Flag. Campers of the day have the honor of raising the flag. Virtue of the day is announced.</i>		<i>Great cool down & catch up time before Dinner</i>
8:45 AM	<u>1ST PERIOD ACTIVITY</u>	5:45 PM	<u>DINNER</u>
10:30 AM	<u>2ND PERIOD ACTIVITY</u>	6:30 PM	<u>EVENING FLAG</u>
	<i>Campers will play and learn at the same morning activities for the activity week.</i>		<i>Campers of the day have the honor of lowering the flag.</i>
12:15 PM	<u>LUNCH</u>	7:30 PM	<u>EVENING ACTIVITY</u>
1:30 PM	<u>3RD PERIOD ACTIVITY</u>		<i>Get ready for an exciting ColorWarz game, a relaxing BunkNight or any other camp tradition. Fun for all!</i>
	<i>The choices change daily, and Campers will get to choose during lunch</i>		
3:00 PM	<u>CAMP STORE & CABIN TIME</u>	8:30 PM	<u>CABIN TIME</u>
	<i>The most important meal of the day, afternoon junk food 😊. Camp Store is included in the tuition</i>		<i>Time to wind down and get ready for lights out. Time is determined by counselors based on camper needs.</i>

Field Trips are Back !

There are field trips in some of the weeks this summer. All transportation, admission and meals are provided as part of the tuition. Campers attending may bring spending money for the field trip which is collected upon arrival.

Busch Gardens

Saturday, June 24 for Full Summer Campers and Campers staying over between Session 1 to Session 2

Bowling and Pizza Party on Tues, July 4th for Campers attending during Session 2B (video arcade money suggested)

Universal Studios or Islands Of Adventure on Sat., July 8th for Full Summer Campers, and Campers in 2ABC and 2BC

Choosing from over 50 Activities

To achieve our philosophy of **Camp is for the Camper**, especially with activities, each camper chooses their own activities, from the available activity options. AT the start of each week, campers choose their two morning activities and each day at lunch choose and additional two afternoon activities. A list of activities is available on our website.

Morning Activities:

- Campers participate for the entire activity week, Monday to Friday
- Options may change week to week (*dependent upon interest*)
- Activities are chosen at the beginning of each week

Afternoon Activities:

- Campers participate in two activity periods (*90 minutes*)
- Options change daily
- Activities are chosen daily during Lunch
- Focus on fun, growth opportunity and variety
- This allows campers to try many different activities



Keeping in Touch

Campers of every age, unplugged from electronics, away from regular school friends and the family back home, become a part of a camp community making new friends, relying on their counselors, and growing in self-confidence. Continuous communication with home and off-camp friends prevents the personal growth unique to the OverNight Summer Camp experience and will increase homesickness. For this reason, cell phone and other electronics are collected upon arrival and held in safe-keeping until TechTime.

We understand, however, that parents back home desire to stay informed of their camper's well-being. Based upon decades of experience, we have established the following practices and policies which allow parents to be informed while ensuring that campers have the full benefit of the OverNight Camp experience.

TECH-TIME:

TechTime allows campers phone use twice each week for 30 minutes, Wednesday evenings and Saturday afternoon or evening to contact their parents/guardians. Campers who did not bring a cell phone to camp are given access to a phone to call home during TechTime. WiFi is available. Campers are never given phone access outside of TechTime.

LETTERS & CARE PACKAGES:

Campers love to receive mail, especially care packages of toys, books and games. If sending snacks, please send only a small amount or enough to share with the cabin. **Do not send Camper mail to the Post Office Box.** Please send letters and packages only to

**Camp Frontier, [Your Camper's Name]
5000 Firetower Road
Haines City, FL. 33844**

Campers are encouraged to mail post cards and letters home. We have found that many of our Campers do not know how to properly address an envelope. Please review addressing an envelope with your child and/or pack pre-addressed and stamped envelopes or post cards. International letters can be scanned and emailed. Please **do not** send mail certified or mail requiring a signature.

BY PHONE:

Please call only **1-888-977-CAMP (2267)**. Please know that during the day you will most likely reach voice mail. Please do leave a message. As our staff is involved with Campers and activities, someone will return your call by the end of the day.

EMAILS:

Camper email is **printed** each day and given to the Campers usually after dinner. Campers do not have the ability to reply to email. Send camper emails only to: **camper@campfrontier.com**
Please enter your Camper's name in the SUBJECT line and not in the email address. Please do not include attachments as only the email itself is printed.

CHECKING-IN VIA TEXT:

Parents may text directly with a Staff member at any time to receive updates on their child. Please understand that the Staff's full attention is given to the campers and activities. A reply will be sent as soon as possible often within the same day. The text-only number is

1-888-CAMP-TXT (1-888-226-7898)

VISITORS DAY – Every Sunday

Visitor's Day is held each Sunday from 1 to 4pm. Please look for the welcome flag as the arrival place may change. Campers will be called for visits. Visitors are welcome to walk around camp but are asked not to have direct contact with other Campers. Thank you for your understanding.

Connecting on Social Media

Videos and Pictures are posted as often as possible on Camp Frontier's social media pages.

Please connect with us and share with your family and friends.

At the bottom of CampFrontier.com are links to all camp's social media:

[YouTube.com/CampFrontierFlorida](https://www.youtube.com/CampFrontierFlorida)

[Facebook.com/CampFrontierFlorida](https://www.facebook.com/CampFrontierFlorida)

[Twitter.com/CampFrontierUSA](https://twitter.com/CampFrontierUSA)

[Instagram.com/campfrontierflorida](https://www.instagram.com/campfrontierflorida)



Health and Wellness

MEDICATIONS:

All Medications (prescription or over the counter) **must be checked in with the Infirmary upon arrival.**

All prescription medications must be in the original container with current dosage listed. Prescription medications will not be administered without direction from a licensed physician.

The Infirmary is supplied with a variety of over-the-counter medications for camper and staff use. Our on-site Health Care Professional is responsible for the distribution of any over the counter medications. A list of over-the-counter medications may be indicated on the Camper Medical History Form.

ADDITIONAL MEDICAL TREATMENT

The Infirmary is fully equipped to handle most everyday injuries or illnesses. Parents or Guardians will be notified in the event that camper spends an extended period of time in the Infirmary.

In rare instances a camper may require additional medical assistance beyond the scope of the Infirmary, the camper will be transported to a local emergency clinic or hospital for treatment. Parent notification for campers who require additional medical treatment is done once transported and treatment has been administered so that the camper is in stable condition as defined by a medical professional.

Homesickness

Feeling homesick is a natural, common, and healthy part of a child's development while at Summer Camp. Our Staff helps each camper through periods of homesickness by keeping them involved in activities and assuring them that they are safe and able to enjoy time away from home with their new camp friends. While it may seem that a phone call home would help, years of experience has taught us that contact with home makes homesickness worse. For this reason, Campers do not call home outside of TechTime.

IMPORTANT

While it is difficult to hear that your child is homesick, we strongly discourage removing a child from camp as it also removes this unique opportunity for growth. Almost without exception, once a Camper understands that they will be staying at camp, homesickness passes quickly, and they return to the fun of camp. Many campers who have undergone this personal journey have returned year after year, and some have even become part of our Staff.

Helpful Tips for Reducing & Preventing Homesickness

Taken from www.acacamps.org - American Camp Association (ACA)

At Home Preparations Before Arrival:

- Work together as a family to plan & select a camp, as well as pack
- Allow your child to spend some practice time away from home, such as a weekend at a friend's house
- Prepare some pre-stamped, pre-addressed envelopes to bring to camp
- Avoid the philosophy of or using phrases such as "I will rescue you from camp if you don't like it"
- Send a letter or care package to your child before camp begins, so they will have something waiting for them
- Remind your child that they made a commitment, and that they will have a wonderful time
- Talk with & communicate your concerns with the Camp Director or the Camp Administrator
- Ensure that your child is prepared to take care of their basic needs especially personal hygiene
- Relax – No news is good news

On Camp Strategies For Campers:

- Stay Busy – At camp there is always something to do, but if there is an activity that you really want to do, let your counselor know.
- Talk to your Counselor – The camp staff are there to ensure that each camper has a great summer, so encourage your child to voice their concerns to their counselor
- Remember that camp is only for a few days or weeks, not your entire life. It goes quickly.
- Write a letter home
- Try new things and have fun – Camp is about exploring new possibilities and opportunities that are normally not present during the remainder of the year. Take advantage of this growth opportunity and make the best of every situation.
- Just think of how proud you will be when you complete your time at Camp Frontier.

Code of Conduct – “The Camp For Good Kids”

Every Camper is presented with the opportunity to contribute to the camp community, enhancing the overall camp experience for everyone including themselves. This creates an environment conducive for a fun and safe Summer Camp experience that everyone can enjoy. We understand that everyone has bad days from time to time and may need special attention and compassion. However, Campers who continue make the choice to be disruptive, disrespectful, be combative, or those who **intentionally diminish the camp experience of others** will be sent home if they are unable to or unwilling to correct such behavior.

Additionally, campers who make the choice to perpetrate or participate in any of the following actions are subject to expulsion from camp:

- Violence of any Kind
- Bullying
- Theft
- Possession of weapons
- Possession of or use of drugs or alcohol
- Possession of tobacco or e-cig or vape products
- Vandalism of personal or camp property
- Defiance or refusing to obey Staff
- Leaving the cabins at night without permission
- Continued use of profane language
- Endanger or threaten themselves or others

FAQs

Do you provide Laundry Service?

Yes. Laundry service is provided free of charge. Once each week, laundry is provided for all Campers and Staff staying longer than one week.

Should I label all my child’s personal items?

Yes!!!!!! Please label all items with your Campers first and last name or initials. We recommend using a laundry sharpie on iron name tag.

What about Lost and Found?

While at camp, Campers will be asked to regularly check the lost and found table located in the Hang-Out. Every effort will be made to return any items before Campers departure (other than socks and underwear). All un-labeled items will be held for one week and then be donated to a local charity or retained for future camp use. Camp Frontier is not responsible for lost or damaged items. We will attempt to mail home lost items which have a Camper’s name clearly marked.

How much clothing should I pack?

Campers will need to bring 8 days of clothes to camp. Please use the provided packing list, as printed in this handbook, as a guide.

What is the best method of packing?

After years of experience, we find that packing in plastic storage containers or plastic drawers (*three high*) is the most efficient. Floor space is limited.

Spiritual Life

It is our hope that our Campers and Staff, of many faiths and backgrounds, may develop a strong spiritual foundation on which to be better prepared to deal with the decisions of today's world.

We sing a song of thanksgiving before each meal and a daily Virtue Challenge is shared at morning flag where anyone may offer to pray for the day.

A few times each week, Campers and Staff may choose to participate in LateNight, a non-denominational praise and worship time. Many of our Jewish or Christian Campers and those of no and other faiths choose to attend LateNight. This is a comfortable time for all our Campers, of every faith, to come together to sing, pray, explore God’s word and grow in a positive uplifting environment.